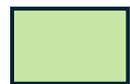


# Age of participant as at 31<sup>st</sup> August vs Baseball Category

Category vs Age	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Teeball	Yellow	Green	Green	Green	Yellow	Yellow									
Rookie Ball / U11		Yellow	Yellow	Yellow	Green	Green	Yellow	Red							
U13 Minors				Yellow	Yellow	Yellow	Green	Green	Green	Red					
U13 Majors					Yellow	Yellow	Yellow	Green	Green	Red					
U15							Yellow	Yellow	Yellow	Green	Green	Red			
U17									Yellow	Yellow	Yellow	Green	Green	Red	
Seniors (Women's)										Yellow	Yellow	Green	Green	Green	Green
Seniors											Yellow	Green	Green	Green	Green

**\*Note: Table must be read using the Age of child as at 31<sup>st</sup> August in a given year (“League Age” concept).**



Typical Age Range for the given Baseball Category.



Acceptable under League Rules, exception process available for Club to assess capability (without League approval).



Not acceptable under League Rules, exception process available but requires League approval.

# Baseball Categories Explained

	Teeball	Rookies / U11	U13 Minors	U13 Majors	U15	U17	Senior (Womens)	Seniors
Activity Type	Skill based learning and games	Competitive Game	Competitive Game	Competitive Game	Competitive Game	Competitive Game	Competitive Game	Competitive Game
Game Length	60 minutes	90 minutes	90 minutes	90 minutes	105 minutes	105 minutes	120 minutes	120 minutes
Pitching Type	No Pitching, hit off stationary tee	Coach Pitched	Player Pitched + Coach Pitched	Player Pitched	Player Pitched	Player Pitched	Player Pitched	Player Pitched
Pitching Distance	Not applicable	42 ft	42 ft	46 ft	54 ft	60 ft 6 in	60 ft 6 in	60 ft 6 in
Base Distance	50 ft	60 ft	60 ft	60 ft	80 ft	90 ft	90 ft	90 ft
Home Run Distance	Not applicable	120 ft	120 ft	200 ft	250 ft	Seniors size	Seniors size	Seniors size
Baseball Type	9" Reduced Injury Ball (RIB)	9" Reduced Injury Ball (RIB)	9" Reduced Injury Ball (RIB)	9" Approved Winter Baseball	9" Approved Winter Baseball	9" Approved Winter Baseball	9" Approved Winter Baseball	9" Approved Winter Baseball
Bat Type	USA or BBCOR metal bats	USA or BBCOR metal bats	USA or BBCOR metal bats	USA or BBCOR metal bats	USA or BBCOR metal bats Wood or Wood Composite may also be used	USA or BBCOR metal bats Wood or Wood Composite may also be used	USA or BBCOR metal bats Wood or Wood Composite may also be used	Wood or Wood Composite
Helmets	All batters must wear 2 eared helmet	All batters must wear 2 eared helmet	All batters must wear 2 eared helmet	All batters must wear 2 eared helmet	All batters must wear 2 eared helmet	All batters must wear 2 eared helmet	All batters must wear 2 eared helmet	All batters must wear 2 eared helmet
Cleats/Footwear	Runners or Moulded cleats – <b>NO METAL CLEATS</b>	Runners or Moulded cleats – <b>NO METAL CLEATS</b>	Moulded cleats – <b>NO METAL CLEATS</b>	Moulded cleats – <b>NO METAL CLEATS</b>	Moulded cleats – <b>NO METAL CLEATS</b>	Moulded cleats – <b>NO METAL CLEATS</b>	Moulded cleats or Metal Cleats	Moulded cleats or Metal Cleats